

PERSONAL MEDICAL HISTORY. Please check all conditions which you currently have or have had in the past.

AIDS or HIV positive		Kidney disease	
Alcoholism		Kidney stones	
Anemia		Liver disease	
Anorexia/Eating disorder		Measles	
Anxiety/Panic disorder		Mental illness	
Appendicitis or Appendectomy		Migraine headaches	
Arthritis		Multiple sclerosis	
Asthma		Mumps	
Bleeding disorder		Osteoporosis	
Blindness		Pacemaker	
Breast lump (benign)		Pain (chronic)	
Chronic bronchitis		Pneumonia	
Cancer (please write what type)		Polio	
		Prostate problems	
Cataracts		Rheumatic fever	
Chicken pox		Rubella (German measles)	
Colon polyps		Scarlet Fever	
Deafness or Hearing loss		Seizures	
Depression		Sexual problems (erectile dysfunction, decreased interest, etc.)	
Diabetes		Sexually transmitted disease (such as syphilis, Chlamydia, etc.)	
Drug abuse/dependency		Skin disease	
Emphysema/COPD		Stomach ulcer/intestinal bleeding	
Fibromyalgia		Stroke	
Food allergies (eggs, peanuts, etc)		Suicide attempt	
Gout		Thyroid problems	
Hay fever		Tuberculosis (TB)	
Heart disease		Valley Fever (Cocci)	
Heart murmur		Other (please explain)	
Hepatitis (A, B, or C)			
Herpes			
High cholesterol			
High blood pressure			

Please list all HOSPITALIZATIONS AND SURGERIES within the past five years, the approximate dates and hospital name, and the reason for the hospitalization or surgery.

Date and Place	Reason

FAMILY MEDICAL HISTORY. Please check whether a family member currently has or had any of the following conditions:

	Father	Mother	Children	Brother(s) or Sister(s)	Father's Parents	Mother's Parents
Alcoholism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bleeding disorder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy or convulsions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kidney disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mental illness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Migraine headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Thyroid disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Have you ever been advised to have an operation which you did not have? If YES, please explain. YES NO

Have you ever had a blood transfusion? YES NO

Have you ever been refused as a blood donor? YES NO

Have you ever applied for medical or life insurance and been denied? YES NO

LIFESTYLE HABITS. Please answer the following questions.

Have you ever used tobacco products? YES NO

If you currently use tobacco products, how much do you use and for how long have you been doing so?

If you no longer use tobacco products, when did you quit and how much did you use?

Do you consume alcohol? YES NO

If yes, about how many drinks per week?

Do you consume caffeine? YES NO

If yes, about how many drinks per week?

Do you exercise **routinely**? YES NO

If yes, what type of exercise, and how often?

Do you **always** wear a seatbelt when riding in a car? YES NO

Do you receive routine dental care? YES NO

Are you satisfied with your sleep habits? YES NO

Do you have smoke detectors in your residence? YES NO

If yes, do you check them yearly? YES NO

Do you have fire extinguishers in your residence? YES NO

Do you have a carbon monoxide detector in your residence? YES NO

Do you have a living will or Medical Power of Attorney? YES NO

If you do not, are you interested in receiving information about living wills? YES NO

FOR WOMEN ONLY: PLEASE ANSWER THE FOLLOWING QUESTIONS

Are you currently pregnant? YES NO

Are you planning to become pregnant? YES NO

How many times have you been pregnant? _____

How many of those pregnancies resulted in live births? _____

Do you still have menstrual periods? YES NO

If yes, which of the following describes your menstrual flow: Regular Irregular Pain/Cramps

What is the usual number of days your period lasts? _____

What is the usual number of days between periods? _____

What was the first day of your last period? _____

Do you currently use birth control? YES NO

If yes, what type?

Do you ever experience pain or bleeding during or after sex? YES NO

What was the approximate date of your last Pap Smear? _____

Was the result: Normal Abnormal

What was the approximate date of your last mammogram? _____

Was the result: Normal Abnormal

Thank you for taking the time to complete this important health questionnaire. Please sign and date below.

Signature

Date

REVIEWED by PHYSICIAN: _____

FOR MEN ONLY: PLEASE ANSWER THE FOLLOWING QUESTIONS

Have you ever had a rectal/prostate exam?
 No Yes If yes, when?

In the past 3 months, have you had:

Pain or lump in testicles Yes No

Weak or slow stream of urine Yes No

Difficulty with erection Yes No

Discharge from penis Yes No

Sexually transmitted disease Yes No

Other (please describe)

Do you perform regular testicular self-examination?
 Yes No

Have you ever had any male surgery?
 Yes No

Are you satisfied with your sexual relationships?
 Yes No

Do you have any problems or questions about sex that you would like to discuss with your doctor?
 Yes No

Thank you for taking the time to complete this important health questionnaire. Please sign and date below.

Signature

Date

REVIEWED by PHYSICIAN: _____